

CHURCH STAFF

Reverend Steven M. Taylor, Pastor
Kathy Peck, Program Coordinator/Secretary
Tory and Adam Irgang, Youth Leaders
Jody Marsh, Parish Nurse
Julie Nagel, Music Director/Accompanist
Krista Odell, Accompanist
Art Osborne, Custodian
Bert and Roberta Anderson in Haiti
Dr. Mark and Diane Abbott in Spain
Rev. Paul D. Caseman in Alaska

PASTOR'S OFFICE HOURS

Monday - 9 a.m. - noon
Tuesday - 9 a.m. - noon
Wednesday - 9 a.m. - noon

Mailing Address for Andersons in Haiti:

Bert & Roberta Anderson
c/o Agape Flight PAP #26035
100 Airport Avenue
Venice, FL 34285

Cornerstone District Office
Christ First UMC
663 Lakeview Ave.
Jamestown, NY 14701

From Pastor Steve's Desk...

Welcome to *GraceNotes!* Explore and find news and events of what God is doing through His people in Panama and around the world. Come serve, love, laugh, and experience at Panama UMC...

How a Christian Lives...

So many self-help books these days claim to have the magic answer to the question: How should I live my life? Answers range from religious pursuits to passionate hobbies to inward harmony and peace. All of those self-help books focus on one topic or one approach, and can leave the reader lacking the true fulfillment that comes with a life lived with a purpose.

Purpose is the one thing that is at the heart of the question. Purpose is the idea that life is lived for some higher meaning. Purpose is what we pursue but never fully attain...an ideal that becomes real each day in the life of a disciple of Jesus.

In the book of James, we are asked by the author, in James 4:7-8, to *submit ourselves to God. Resist the devil and he will flee from you. Come near to God and he will come near to you.* When we draw near to God and resist temptation to sin, we find real purpose in our lives. We are freed through Christ from the bondage of sin, freed to submit ourselves to God's will and plan, freed to be forgiven and to serve.

Each of us has a different set of gifts and talents, but our purpose is the same – to glorify God and lift up the church through the use of our gifts and talents. To fulfill our purpose is to understand and fulfill God's plan. A Christian has a confident stand, does compassionate service, speaks carefully, feels contrite submission, and gives generously. These, of course, are not the complete list of things we are called to do and be as followers of Jesus. Yet, when we do these things with a heart of faith, we are close to the kingdom – close to fulfilling God's plan for his people.

Be careful with self-help books. If you read them, read them through the lens of the gospel of Jesus Christ, the one who came to be like us in every way, save one – he did not sin. Strive to improve how you relate to your neighbors. Strive to be more careful with your speech. Strive to serve others with more compassion. Submit yourself more fully to God's will. Give generously from your heart what God is asking you to give (time, money, resources, wisdom...). Above all...seek Jesus!

In the pursuit of happiness comes the joy of serving God throughout every area of your life. How should we live our lives? Should it be to make ends meet? Should it be to always be fed and happy and pain-free? Not so much...

We live our lives in response to a God who loves us and wants us to love others. We love because Jesus showed us his love on the cross...taking our pain and shame and creating in us a desire to love others. Purpose? I think so!

Submit yourself to God...resist temptation...draw near to God and listen for his plan. Now THAT'S purpose!

Shalom,
Pastor Steve



NURSERY NOTE

There is Nursery care available during Sunday morning worship for children ages birth to 4 years old. Two nursery helpers are available to care for your child/children so that you can get the most out of the worship experience.

If any adult or youth (7th grade and above) is interested in participating in this ministry, please let Tina Shaver know. ALSO, if you are scheduled for Nursery and find you cannot fulfill that obligation, please let Tina know as soon as possible so she can make the necessary adjustments. Thanks!



Women and Missions (WAM)

The next luncheon meeting of *Women and Missions* is Monday, October 10, at 11:45 a.m. at the Rowdy Rooster. Please join us when we gather informally, have lunch, and share together as women who care about those in our own neighborhoods and those around the world, as well.

Pastor Steve's October Schedule

- 1 8 a.m.: Pre-marriage session
- 2 8 a.m.-12 p.m.: Sunday School/Worship; 12pm-lunch
- 3 7 p.m.: Prayer Team
- 4 1 p.m.: Visitations; 6:30 p.m.: E&O Team; 7 p.m.: NCD Team
- 5 6 p.m.: Praise Team; 7 p.m.: Choir; 8 p.m.: Trustees Team
- 6 7 p.m.: Nominations Team; 7 p.m.: Sunday School Teachers
- 7 Sabbath / Friends of Findley Work Weekend @ Camp Findley
- 9 8 a.m.-12 p.m.: Sunday School/Worship
- 10 Office Closed For Columbus Day; 6 p.m.: Worship Team
7 p.m.: Prayer Team
- 11 1 p.m.: Visitations; 7 p.m.: Band of Brothers
- 12 6 p.m.: Praise Team; 7 p.m.: Choir
- 14 Sabbath
- 15 Hands4NY Food Collection Event; PCS Homecoming
- 16 8 a.m.-12 p.m.: Sunday School/Worship
- 17 9 a.m.: Dr. appt.; 7 p.m.: Prayer Team
- 18 1 p.m.: Visitations
- 19 6 p.m.: Praise Team; 7 p.m.: Choir; 8 p.m.: Church Council
- 21 Sabbath/ Day Off
- 22 8 a.m.: Band of Brothers Breakfast; Harvest Dinner
- 23 8 a.m.-12 p.m.: Sunday School/Worship
- 24 7 p.m.: Prayer team
- 25 1.p.m.: Visitations; 7 p.m.: PMB Variety Show at PCS
- 26 6 p.m.: Praise Team; 7 p.m.: Choir Rehearsal
- 27 7 p.m.: Grace Visitation
- 28 Sabbath
- 29 - Nov. 4 Mission Trip to Haiti



Evangelism and Outreach Team Meeting

There will be an important E/O meeting on October 4 at 6:30 p.m. to discuss and plan for the harvest dinner, bake sale, and book sale to be held on October 22.

Non-perishable food items for God's Groceries Food Pantry will be collected at the harvest dinner.

Sign up sheets for the harvest dinner, bazaar, etc., will be on the welcome table in the foyer.

Because of your faithfulness...

Because of your faithful giving, we received a total of \$17,537.60 during the month of September for the general fund. Additional monies received were designated as follows:

Plate cash and donations	\$296.25
Sunday School	\$244.00
Flowers	\$ 20.00
White Gift	\$193.45
Camping	\$ 10.00
Food Pantry	\$205.00
Missions	\$1,330.00
Anderson Support	\$125.00
Memorials	\$ 50.00
Music Ministry	\$ 37.08
Trustees	\$1,240.00
(Balance in Trustees Capital Acct.	\$19,828.99)

DON'T FORGET RED RIBBON SUNDAY

MISSION PROJECTS

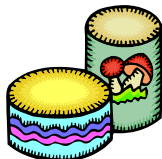
CAMPBELL LABELS for the Red Bird Mission School in Kentucky (also look for labels on Swanson products, Pepperidge Farm, Prego, and V8). Those of you who take the time to cut just the UPC code and logo from the product for us, we thank you.



PENNIES for the Domestic Abuse Program offered by the Salvation Army in Jamestown. As you read in the papers and media, you know that Domestic Abuse is on the increase and it is important to help when we can. Please drop your pennies and other small change in the box in the narthex.

We have sent a check for \$75 to this program which represents the pennies (and other change) collected over the past 18 months. Thank you for your help - and keep up the good work!

NON-PERISHABLE ITEMS for **GOD'S GROCERIES** - things like toilet paper, soap (all kinds), toothpaste and brushes, shampoo, and anything else that you feel would help those that are having a difficult time making their money go further. The use of the Food Pantry is growing. Thanks for your help!



Sunday Morning Worship Team

October

Lay Readers

- 10/2 - Kristine Seekings
- 10/9 - Mark Morton
- 10/16 - Marge Vollmer
- 10/23 - Buck Seekings
- 10/30 - Brynne Hinsdale

Ushers

- Jack and Linda Sturges
- Mark and Karen Morton

Nursery Helpers

- 10/2 - Karen Morton and Abby Taylor
- 10/9 - Kelly and Sarah Osborne
- 10/16 - Jennifer and Claire Apthorpe
- 10/23 - Barb and Lauren Tordella
- 10/30 - Tina Shaver and Corinne Edwards

November

Lay Readers

- 11/6 - Debbie Loveless
- 11/13 - George Anderson
- 11/20 - Doug Weise
- 11/27 - Thea Kester

Ushers

- Tina Shaver, Logan Hickman
- Charlie and Debbie Loveless

Nursery Helpers

- 11/6 - Stacy and Abby Taylor
- 11/13 - Thea Kester and Corinne Edwards
- 11/20 - Julia Nelson and Sarah Osborne
- 11/27 - Karen Morton and Lauren Tordella

Baptisms

On September 18, 2011, Pastor Steve and Joe Osborne, Lay Leader, performed total immersion baptisms at the PUMC. Welcomed by Baptism were Joel L. Keefer and Craig A. Vollmer.

Joel and Craig, along with Kristy Catanese and Marjorie K. Vollmer became members of the PUMC by Profession of Faith. Joining the church by letters of transfer were Donna L. Case and Ted Passarelli.

We welcome these new members, most of whom have “been around for awhile” and we eagerly look forward to seeing how God will be working in their lives.

Congratulations to you all.

Congratulations and Best Wishes

to

*Brian and Janice (Auge) Franklin
on their September 3, 2011, wedding.*

We pray that God will richly bless your marriage.



With Sympathy to the family of...

Carole Pegan
who passed into eternal life on
September 4, 2011.
Carole was the wife of Chuck,
mother of Terrie, Bob, Jim, and Randy and
loving grandmother to many grandchildren.

...An October Note from Carm...

Thank you to everyone who participated in and helped make our Sunday School Hoe Down a great time and especially to Joe Osborne and Howie Wheeler for preparing a great breakfast (we even had to set up extra tables and chairs!).

Our Sunday School classes are off to a great start; and if you are not part of a class, I would encourage you to become a “student.” We have a great crew of teachers for the start of our year but need your help to keep it going. We are looking for a teacher for our Toddler Class and our grade 1 and 2 combined class. If you would be willing to try one of the classes, please contact George Anderson or me. We are looking for helpers and teachers and need a couple adults to step up and help us out and sign up for a month of teaching.

Thanks for prayerfully considering this - it is a ministry that not only helps our kids but also blesses the adults taking part in teaching the kids.

Blessings to you,
Carm Catanese

CHILDREN’S CHURCH

Children’s Church is available for all children in **KINDERGARTEN through GRADE 3** and are shepherded from the Sanctuary to Children’s Church after the Children’s Moment in Worship.

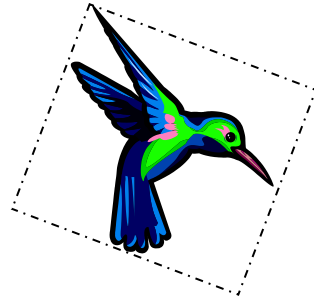
The Children’s Church program is looking at the possibility of a restructure for the coming year. The curriculum we are using comes in month-long units. We believe that there would be more continuity in these lessons if the same teacher taught a unit from beginning to end. This will involve teachers missing worship for a month at a time. This will not be so hard if we can get more adults involved. Any adult who has a passion for children and Christian growth is asked to give consideration to committing one month a year to helping these beautiful (and lively) children grow into persons who have a passion for Christ and Christian service. If we can get a total of twelve commitments, then it would only be once a year. If we cannot get our number up to twelve, then the rotation would come around a bit more frequently, depending on the number of teachers. Please feel free to contact Thea Kester at 782-4620 if the spirit moves you to consider this gift to the children of our church.

...RECIPE FROM THE PARISH NURSE...

Jody Marsh

HUMMINGBIRD CAKE

2 c. mashed ripe bananas (3-4 ripe/medium)
1 can (8oz.) unsweetened pineapple, drained
3/4 c. unsweetened applesauce
1/3 c. canola oil
2 eggs
1 - 1/2 tsp. vanilla extract
3 c. all purpose flour
1 - 1/2 c. sugar
1 tsp. salt
1 tsp. baking soda
1 tsp. ground cinnamon
1/2 c. chopped walnuts



ICING:

1 pkg. (8 oz.) reduced fat cream cheese
1/3 c. reduced fat margarine
3 c. confectioner's sugar
1 tsp. vanilla extract
1/2 c. chopped walnuts

1. In large bowl, beat the first six ingredients until well blended. In another bowl, combine the flour, sugar, salt, baking soda, and cinnamon. Gradually beat into banana mixture until blended and stir in walnuts.
2. Pour into a 15x10x1" baking pan coated with cooking spray. Bake at 350 degrees or until toothpick inserted near the center comes out clean. Cool completely.
3. For icing, in a large bowl, beat cream cheese and butter until fluffy. Add confectioner's sugar and vanilla; beat until smooth. Spread over cake. Sprinkle with walnuts. Refrigerate leftovers.



Kila Mae Jacqueline Kester
Born on September 7, 2011

to

Lee and Stephonie Kester.
Grandparents are Roger and Thea Kester.

And

Natalie Grace Williams
Born on September 28, 2011

to

Heath and Jeanne (Larson) Williams
Grandparents are Greg and Becky Larson.

Congratulations to you all on the birth
of these children who are
God's special gifts to you.

It's not too late...

The Prayer Chain list is being updated! We have the names of some new members but do not want to leave anyone out who desires to be part of this ministry. Would you be ready to pray when notified of a need and pass that request on to the next member? Your prayer request will be passed down to 20+ others who will pray, and continue to pray, about your situation.

If you would like to be a part of this vital network of prayers, please get in touch with Susie Davis, Jean Edwards, or call the PUMC office.



Visitation Ministry

October 2

Gerrie Simmons LSS A116
David Sturges LSS A175
Phyllis Patterson HGreen 327
Ruth Ostrander HGreen 316
Kathy Smith TW 218
Van Luther TW 208
Bev Wilder TW 138

Everett King
Everett King
Jean Edwards
Jean Edwards
Trudy Anderson
Trudy Anderson
Trudy Anderson

October 9

Gerrie Simmons LSS A116
David Sturges LSS A175
Phyllis Patterson HGreen 327
Ruth Ostrander HGreen 316
Kathy Smith TW 218
Van Luther TW 208
Bev Wilder TW 138

Jack/Linda Sturges
Jack/Linda Sturges
Art/Jeanette Osborne
Art/Jeanette Osborne
Diane Johnson
Diane Johnson
Diane Johnson

October 16

Gerrie Simmons LSS A116
David Sturges LSS A175
Phyllis Patterson HGreen 327
Ruth Ostrander HGreen 316
Kathy Smith TW 218
Van Luther TW 208
Bev Wilder TW 138

Sharon Passarelli
Sharon Passarelli
Thea Kester
Thea Kester
Barbara Hart
Barbara Hart
Barbara Hart

October 23

Gerrie Simmons LSS A116
David Sturges LSS A175
Phyllis Patterson HGreen 327
Ruth Ostrander HGreen 316
Kathy Smith TW 218
Van Luther TW 208
Bev Wilder TW 138

Julia Nelson
Julia Nelson
Bill Peck
Bill Peck
Lester/Wyona Wevers
Lester/Wyona Wevers
Lester/Wyona Wevers

October 30

Gerrie Simmons LSS A116
David Sturges LSS A175
Phyllis Patterson HGreen 327
Ruth Ostrander HGreen 316
Kathy Smith TW 218
Van Luther TW 208
Bev Wilder TW 138

Trudy Anderson
Trudy Anderson
Everett King
Everett King
Eloise Smith
Eloise Smith
Eloise Smith

No tapes for anyone - just a visit and a bulletin

BAND OF BROTHERS

Can you believe October is here already? Where did our summer go?

The Brothers have been meeting through the summer and I'm so thankful for all the guys that made the effort to come out. There seems to be so much going on in the summer that it is hard to commit to meetings indoors.

I would like to take this time to say THANK YOU to all who have been praying for me and to all who have taken the time to send cards and to make phone calls. I am truly a blessed man to have so many friends.

Our next meeting will be October 11 at 7 p.m. Our next men's breakfast will be October 22 at 8 a.m. This is the day of the Harvest Dinner and we may be of some help after breakfast.

I would also like to say that if you haven't had a chance to come out to one of our meetings, please take some time to pray about it. We have a great time together, and we would welcome you and would enjoy your input.

Thank you and may GOD bless you.

Your Brother In Christ Jesus Our Lord,
Howie Wheeler

MINISTRY OPPORTUNITIES:

You have read previously in Grace Notes of the opportunity you have to help your neighbors with your gifts of food via the Food Pantry.

There are other opportunities to help others financially, as well.

Included in these opportunities are: cash donations for the Haiti Team to take with them at the end of the month; donations for the Haiti Team's travel expenses; Trustee Team expenses involved in maintaining the church properties (replacing air conditioning units; gutters; sidewalks on east side; etc.).

Please mark your giving envelopes accordingly to ensure you are properly credited for your donation.

We thank you in advance for your generosity.

GOD'S GROCERIES FOOD PANTRY

God's Groceries Food Pantry is partnering with the New York Methodist churches in the Hands4NY Campaign. The purpose of this campaign is to feed ONE million people in ONE year.

For our part, we are conducting a week long food drive starting October 8 and continuing until October 15. Non-perishable food items may be dropped off at any of the following collection points: Panama UMC, Panama Baptist Church, Our Lady of the Snows Catholic Church and Panama Central School. All food donations will be kept in Panama for Panama neighbors!

Let's all work together to assure that our neighbors in need will have enough to eat this winter!! There are plenty of spots on the sign-up sheet on the Welcome table for you to help out at the pantry. If you haven't helped out before, it's very, very rewarding! Training takes literally minutes, and it's only an hour out of your life. Won't you consider giving a little of your time to help others? Sign up today!! Thank you to all those who have volunteered in the past! We can't do this without YOU!



*****FOOD PANTRY SUGGESTIONS*****

Tuna fish
Juice
Boxed Dinners
Hamburger Helper
Scalloped Potatoes
Dry Milk
Canned Vegetables (no corn or soups, please)
Pancake Mix
Cereals
etc.

October Birthdays and *Anniversaries*

- 1 Matthew Komarek, Cindy Pavlock, **Glenn/Melissa Topolski**
- 2 Charlotte Baehr, Dave Calcaterra, Amy Caldwell
- 3 Pam Ireland, Brooke Larson
- 4 Steve Halpainy, **Pat/Joyce Dole, Elizabeth/Jason Baehr**
- 5 George Gooch, Kyle Hinsdale, Ariana Range
- 6 Levi Munsee, Krista Odell, **Don/Tabetha Butler**
- 7 Eric Lindahl, Adalynn Wiggers, **Jim/Linda Roraback**
- 9 Rose Hunt, **Joe/Darcey Lyon, Dan/Casey McGaffick**
- 10 Rebecca Wheeler
- 12 Everett King, **Joe/Jean Edwards, Jeff/Jody Hay**
- 13 David Anderson, Jim Roraback
- 14 Pam Cole
- 15 Ricky Eggleston, Stephanie Goodbear, **Steve/Holly Hopkins**
- 16 Tom Dole
- 17 Lee Crosby, **Buck/Kristine Seekings**
- 18 Carm Catanese, Joyce Edwards, **Hugh/Gladys Wood**
- 19 Mary Rappole, **Adam/Tory Irgang**
- 20 Tammy Hosier, Sue Woods
- 21 Juliet Chapman
- 22 **Neil/Cindy Sturges**
- 23 Charlie Loveless, Kandi Torres
- 24 John Brown, Peter Crist, Stacey Arata
- 25 Betty Crosby, Adam Irgang
- 26 Doug Hosier, Collin Wood
- 28 Amber Bemis, Allison Halpainy
- 30 Debbie Becker, Joe Osborne
- 31 Wayne Dole, Dawn Sard, Melissa Wiggers

November "Look Aheads..."

- 1 Wendy Beckerink, Mike Sard, Carol Simmes, Cindy Sturges, Joel Wiggers
- 2 Chris Comstock
- 3 Becky Barr, **Tom/Sally Baer**
- 4 Tina Shaver
- 5 Chris Blose, Jim Hunt

If you are "fairly new" to the PUMC, we would like to include you and your family members on our birthday and anniversary list. Please let Kathy know in the office or leave a note in the Grace Notes mailbox in the hall with your family's information.

News from the Christian Education Department

It's October and Sunday School is back in full swing. We have classes for God's children of all ages: Nursery - 6th; Jr. High; Senior High, and five adult classes. Please consider joining a class - it's never too late to learn! Included below are descriptions of what our adult classes are doing:

Cindy and Denny Furlow:

Please join us as we continue our in-depth study of the first 11 chapters of Genesis. We will pick up in Chapter 2. Our focus is on the four major backdrops in our history: The Creation; The Fall; The Flood, and The Tower of Babel. What did they mean to those people then, and what do they mean to us today? How are we the same as the people of yesterday? How do we apply, God is the same yesterday, today, and tomorrow? We are an enthusiastic class of adults! We meet downstairs at the end of the hall. We hope to see you!

Kyle and Brynne Hinsdale:

"What is Heaven really going to be like? What will we look like? What will we do? Will there be marriage? Will Heaven get boring after awhile? We all have questions about Heaven, and now after 25 years of research, Dr. Randy Alcorn has answers based on Biblical truths." We are technically the young adult group but would welcome anyone who is a young adult at heart! We are located upstairs in the room across from the library.

Jack and Linda Sturges:

We will continue with our study: Parables From the Back Side. This is a very interesting study of the parables, with a different look. We are across from the library at the end of the hall. The author of this study, J. Ellsworth Kalas, is a former professor of Pastor Steve Taylor. LIVE...LOVE...LAUGH

Stacy Taylor:

The Senior Sunday School class dives into the Bible using a study book from A Union Gospel Press Publication. Discussion is light and to the point. This study is a great way to read God's word and gain a little more insight into each verse. Please join us! We are located at the end of the foyer across from the sanctuary.

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George Anderson:

H.U.G.S (Helping Us Grow Strong) is an adult multi-age group that meets in the Fellowship Hall. We are starting a new study by Bill Hybels: The Power of a Whisper. Learn how to live with one ear perpetually tuned to Heaven and how to meticulously obey every syllable of input received. You will learn how to discern the "voice" of God from other voices that vie for your attention and live fully for God.

Please join us!

An October Note from George

WE'RE BACK!! We enjoyed a terrific down home breakfast kickoff for our Sunday School a couple of weeks ago! THANKS to everyone who pulled it together and what a great time we had! We're just getting into the swing of things for our Sunday School program and we have classes for everyone! What an exciting time we have with all of our families coming together for the Sunday School hour.

Each week we have super exciting lessons for the kids and they are really "pumped up" to be a part of learning God's words and applying them throughout the week. Jr. and Sr. High are also bringing their challenges to class, and we have classes that are ready to help sort out THE TRUTH and how God will help them make the right choices. We have FIVE adult classes and each of them are very flexible to help anyone fit into Sunday School. What an avenue for you to start your Sunday morning WORSHIP. God's desire is for you to be a part our church family Sunday School...why not give it a try? Why not test the waters and see if Sunday School is for your family! We believe you'll fit right in.

Let's all keep the fire burning and join in on all the fun we're enjoying. Watch for a Sunday morning HAYRIDE with doughnuts and cider coming very soon. Join us...you'll have a great time!